

'REFRAMING THE DREAM'

Dacorum School Sports Network Newsletter

Volume 11 Issue 1

Autumn 2024

In this newsletter you can read in more detail the work that DSSN Member Schools have been doing this term. We would like to wish those leaving us good luck in their new roles, and welcome on board new staff and schools to the network. We look forward to working with you all next term with lots more exciting opportunities available to all 'DSSN' Schools.

We wish you a very Merry Christmas and a Happy New Year.

Clare & Chloe



Year 5 & 6 Dodgeball

The year 5 tournament took place at Abbots Hill School with 9 schools and 98 pupils taking part.

The year 6 tournament took place at Astley Cooper School with 13 schools and 129 pupils taking part.

Thank you to all the staff and leaders who helped referee the matches this helped the event run smoothly and fairly.

After some great matches well done to Holtsmere End Juniors who won the year 5 competition and Kings Langley who won the year 6 Competition.



Cross Country

This year we were extremely lucky with the weather as we were able to run 5 full days of cross country across multiple different secondary schools.

1871 students from 26 different schools participated across all venues.

The races were split into 3 tiers Compete, Aspire & Develop and Inspire & Engage. All boys and girls competed separately. Year 3 & 4 ran in the morning and year 5 & 6 ran in the afternoon.

Thank you to Longdean, Ashlyns, Adeyfield, JFK and Astley Cooper leaders for helping to run all the cross country events.

Cross Country		Overall winners
<u>Adeyfield</u> Results from the Compete Category	3	Yewtree
	4	Hammond
	5	Bovingdon/ Hammond
	6	Hammond



Cross Country		Overall winners
<u>JFK</u> Results from the Compete Category	3	Galley Hill
	4	Galley Hill
	5	Gade Valley
	6	Gade Valley



Cross Country		Overall winners
<u>Astley Cooper</u> Results from the Compete Category	3	Brockswood
	4	Brockswood



Cross Country		Overall winners
<u>Ashlyns</u> Results from the Compete Category	5	Bridgewater
	6	Bridgewater

Cross Country		Overall winners
<u>Longdean</u> Results from the Compete Category	3	Bovingdon
	4	Bovingdon
	5	Kings Langley
	6	Nash Mills

KS1 CAN DO Festival

On Wednesday 20th November the Dacorum School Sports Network ran an Inclusive CAN DO sports event for KS1 Pupils who are on the SEND register.

Pupils took part in a range of activities delivered by Herts Disability Sports Foundation and DSSN. These included activities such as Jumping, Boccia, Boxing, Blaze Pods and more.

Well done to all 38 pupils who took part from, Hobletts Manor Infants, George Street, St Albert the Great, Lime Walk, Yewtree, Broadfield and Bovington Academy and thank you to Kings Langley leaders who supported alongside all activities.

During the afternoon we ran another CAN DO Festival event for KS2. We had 62 pupils from 8 schools arrive at the sports centre, all with varying needs. More details on this event can be found on the Dacorum School Games newsletter

All pupils had a fun filled fantastic day.



Tag Rugby

We had a wet and windy day at this years 5 and 6 Tag Rugby festival event organised in conjunction with Saracens Sport Foundation which took place on Wednesday 2nd October at Camelot (Hemel Hempstead) Rugby Club.



SARACENS

Year 5 took place in the morning where we had 15 schools with 496 participants. Year 6 took place in the afternoon with 13 schools and 476 participants. So a total of 972 pupils playing Tag Rugby. All schools had a great day and learnt lots of new rugby skills!

Saracens stated it was their largest Tag Rugby festival they have run across Hertfordshire.

Girls Biggest Ever Football Event

This year it was agreed to run our girls biggest ever football day earlier on in the year to inspire young girls into football. Unfortunately due to extremely poor weather we had to cancel our event!

Instead of not running the event completely we managed to run individual hour sessions for girls to still come and take part in a carousel of skills with our Game On Go Lead Leaders. The girls worked on control, passing, dribbling, accuracy and more.

We had a total of 187 girls from 5 different primary schools.

Thank you to all the football leaders who ran the activities on the day. The girls had a brilliant day and all left with smiles on their faces.



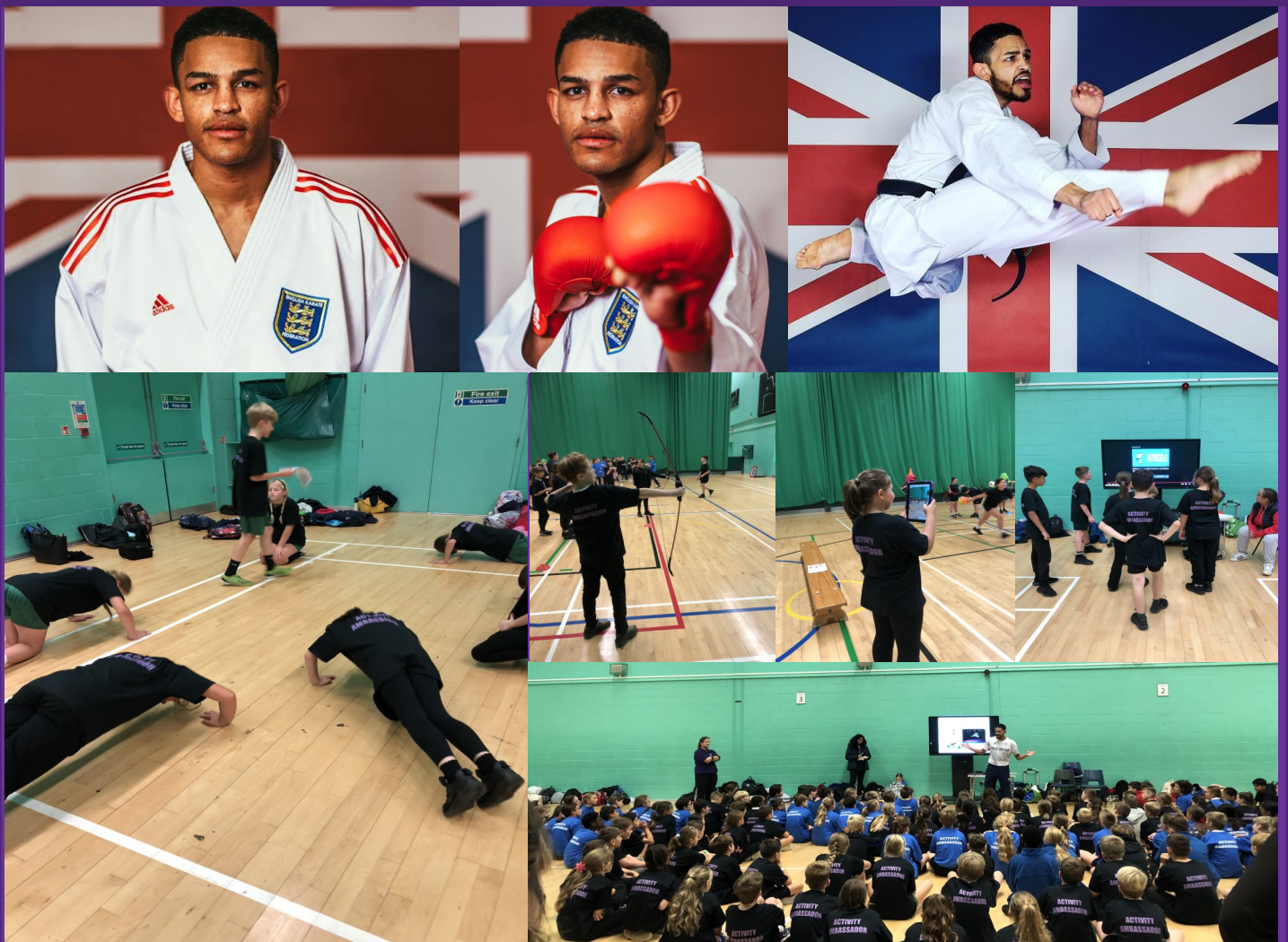
DSSN Activity Ambassadors

DSSN once again joined together with St Albans and held its Activity Ambassadors training for local primary schools at the Herts Sports Village this year. It was great to see so many schools engaged and taking part.

This year we were joined by Jordan Thomas, a British Karate World Champion, who shared with us his journey and inspired all pupils to be the best Activity Ambassador they could be. He even showed a few of his skills and got everyone up and active with a warm up.

Throughout the session all leaders gained a clear understanding of their new roles and responsibilities within school.

They were split into 2 groups one group of media leaders where they were taught all about writing articles, taking pictures, reporting of events and much more. The other group took part in many activities run by DSSN, St Albans and also Apex. They were then set termly challenges to go back and complete in school.



KEEPING ACTIVE AND HEALTHY AT ST PAUL'S THIS AUTUMN

Reported by Bryony, Sports Committee Journalist



At St Paul's this Autumn Term we have worked hard to promote physical activity and health (including positive mental health) through a large number of opportunities and experiences for all.

This is the sports committee and we promote active fun at St Pauls...



At St Paul's we take part in many sport events, so it means we get a chance to represent our school. We have football teams, and a netball team who take part in regular matches against other schools; however, we all get a chance to represent the school at events like cross country and tag rugby. We also try out for the basketball team, dodgeball teams and other activities run by the DSSN. It helps us to feel part of something when we are in a team so it is important everyone gets this opportunity. So far, Year 1, 2, 3, 4, 5 and 6 have all represented the school!



We believe that being active is good for your Mental Health. Being in nature and spending time away from the classroom helps ready our brains for learning. Year 6 go on walks in the nearby woods to enjoy a session of fun and activity. We would recommend a wellbeing Walk for any class. Having breaks between lessons is good too- we have enjoyed trying out the Move More December

dances sent to us by DSSN. They are fun! The Sports Committee have sent emails to all teachers to ask them to split the day with more active breaks.



This Autumn, we have been lucky enough to have special events come to our school to let us try new things. Recently we had a chance to try BMXing with Mike Mullen. We were very privileged to try it out. When we did BMXing we learnt about 'flearning'- failing before you learn, and getting up and carrying on.


Our Sports Committee took part in the leadership day that the DSSN organised. They learnt how to include everyone in sports and how to promote being active. We now organise lots of events and clubs for kids in our school on how to be active! They are a fully trained up Sports Committee! They noticed that lots of children who were less active wanted a dance or gym club, so now they lead one on a Monday lunchtime and it is very well attended!



Our Playground Patrol have started taking the music box outside for playtimes and lunch breaks and getting everyone dancing and singing. It has really helped with positive behaviour on the playground and got everyone feeling funky!

Esme, our Inclusion Support Leader, attended the 'Can do' event recently supporting children who might find it hard to join in with PE and sport at school. She was an excellent leader and our children who attended took part with real enthusiasm.

Towards the end of term, we will be leading a Festive Fitness Fun event for Year 1-4, where each class will come to the gym and complete 6 festive active activities with us leading them. We can't wait!



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ACTIVE

DSSN Steering Group

DSSN has a Steering Group which meets once a term to discuss current issues, events and competitions, participation, and all things relating to DSSN Business Plan/Membership.

As a group we also discuss School Games, and Barclays Girls Football Partnership as these are also roles that affect schools in Dacorum.

Members of the Steering Group include:-

Graham Cunningham—Longdean School Headteacher, and Line Manager of Clare McCawley

Clare McCawley—DSSN Manager

Chloe Barden—DSSN Assistant

Andrew Kerse—Lime Walk Primary Headteacher

Abby Penning—Galley Hill PE Lead

Stephen Wallis—Hobletts Manor Schools PE Lead

Gemma Dalton—Brockswood Primary PE Lead

Kai Lewis—Greenway Primary PE Lead

Jack Robinson—Bovingdon Academy PE Lead

Mia Taylor—Boxmoor Primary PE Lead (Cheryl Todiresei Maternity cover)

Katie Lewis—Nash Mills C of E PE Lead

Sarah Smith—St Pauls C of E VA PE Lead

If you have any requests/issues/feedback for DSSN—please do feel free to approach any one of the members of the Steering Group.

The next meeting will take place in the Spring term and will primarily be discussions around the Summer calendar.

DSSN Calendar

January	February	March	April
<ul style="list-style-type: none">• Year 2 Multi Skills• Year 3/4 Rapid Fire Cricket• Secondary Girls• Futsal	<ul style="list-style-type: none">• Year 6 Sportshall Athletics• Year 1 Taster Days	<ul style="list-style-type: none">• Year 2 Sportshall Athletics• EYFS Taster Days• Dacorum Dance	<ul style="list-style-type: none">• Year 3 Easter Eggtravaganza

The Fair Play Promise

Good sport is about positive attitude. You can set the right tone, and help make the game a success. Play your part - play fair!

The Fair Play Promise for Players

- Play by the rules
- Never argue with an official
- Work hard to do my best at all times
- Be a good sport and recognise good players and good plays by all involved
- Remember to thank my coach, the officials, the opposition and supporters
- Help others in my team when I can
- Avoid putting people down or bullying them

The Fair Play Promise for Officials

- Control the game in a fair and positive manner
- Be consistent and fair in my decisions
- Modify my approach to suit the participant's level of ability
- Help players understand the rules by explaining decisions where appropriate
- Do what I can to make sure that everyone enjoys the game - including myself
- Encourage Fair Play and not tolerate foul play of any kind and always be firm but friendly

The Fair Play Promise for Parents

- Encourage my child, and other people's children, in their efforts in sport
- Insist that my child plays within the rules and by the Principles of Fair Play
- Respect my child's efforts equally regardless of whether she/he has won or lost
- Display self-control on the sideline, always be positive and never shout at or ridicule players
- Watch my child play and let him/her enjoy the game
- Show my appreciation to people who volunteer their time so my child can play
- Remember that my child plays sport for his/her reasons not mine
- Be a positive role model for my child
- Never place undue pressure on my child to play or perform
- Make an effort to understand the rules of the game

The Fair Play Promise for Supporters

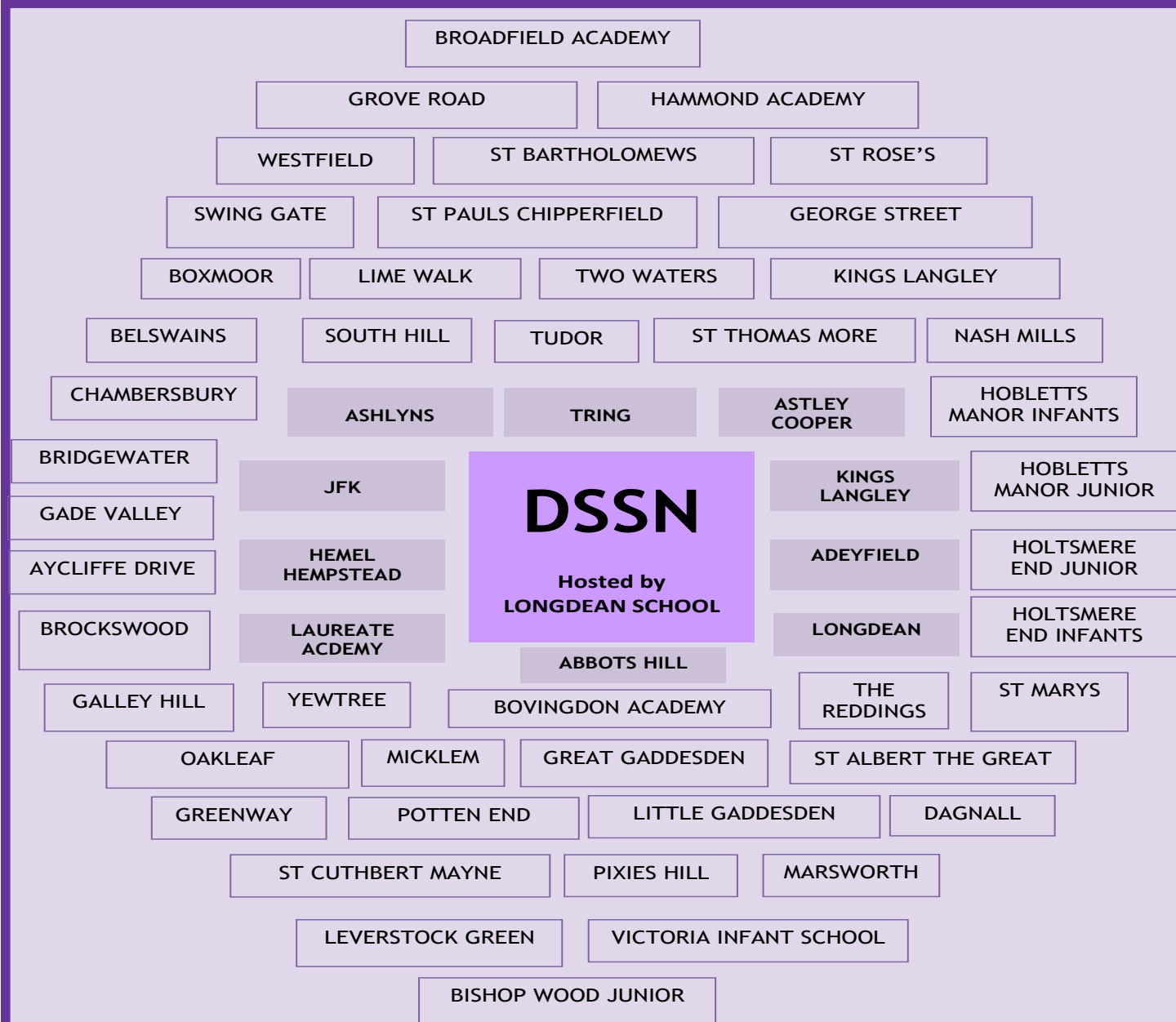
- Remember that people are involved in sport for fun and enjoyment
- Support and applaud good performance from all competitors
- Make an effort to understand the rules of the game
- Learn the difference between supportive and abusive comments and rule out the latter
- Accept the decisions of officials and coaches
- Display self-control on the sideline, always be positive and never shout at or ridicule players
- Show my appreciation to people who volunteer their time to make sport happen. Remember that we are all capable of making mistakes

CODE OF CONDUCT

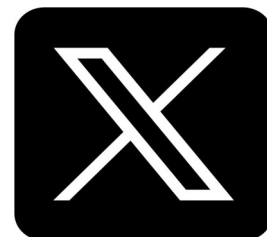
Each Pupil Should:

- Observe normal school rules
- Co-operate fully at all times with any adults involved in the competition
- Fulfill any tasks or duties set prior to and during the event
- Participate fully in all activities during the event
- Be punctual at all times
- Not leave their group without permission
- Always return to any agreed meeting point at agreed times
- If granted any indirectly supervised time, be in groups of not less than two pupils
- Avoid behaviour which might inconvenience others
- Be considerate to others at all times
- Respect all requirements made by school staff, event organisers and accompanying adults
- Behave at all times in a manner which reflects credit on self, to the party and to the school
- Abide by rules and regulations of the venue
- If in doubt on any matter, consult with an appropriate adult
- Accept that a full written report of any misconduct will be forwarded to the head teacher and the parent(s)/carer(s)
- Arrive at the appointed meeting place properly equipped for participation in the fixture/event

Dacorum School Sports Network



**everyone
ACTIVE**



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